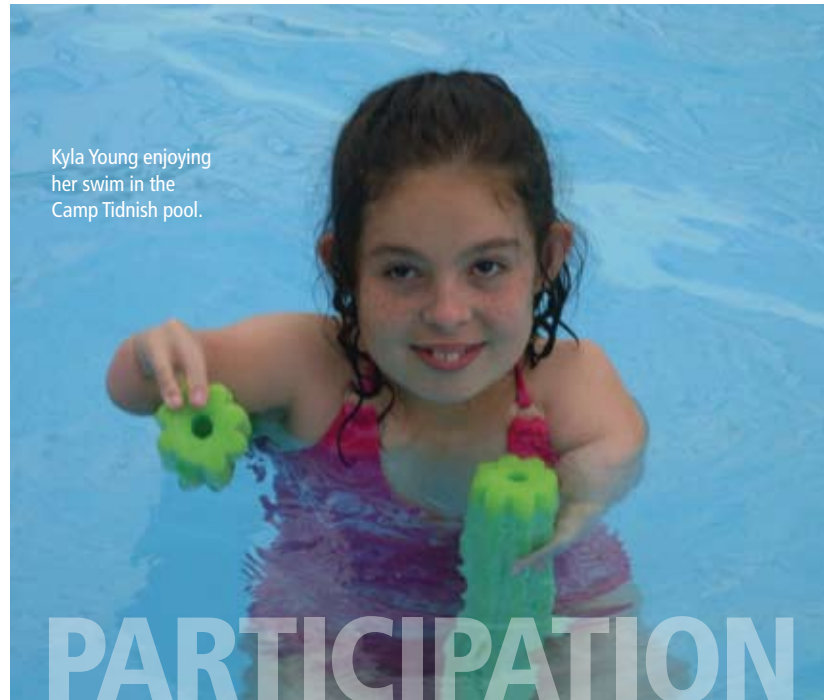




# Realizing Potential



Kyla Young enjoying her swim in the Camp Tidnish pool.

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## Mission Statement

We enable Nova Scotians with physical disabilities to enhance their quality of life by realizing their individual potential.

**Enable** personal development through programs and services

**Enhance** quality of life by encouraging participation and inclusion

**Realize** individual potential through education, improved health and independence.

## Cover Photo

Amy Caldwell and Nicole Lenson are very busy developing their skills in the New Leaf Food Services program.

Photo: Mike Dembeck

## Leadership Team

### Honorary Chairperson

Her Honour, The Honourable Mayann Francis,  
*Lieutenant Governor of Nova Scotia*

### Board of Directors

#### Executive Members

Barry Saunders, *Chairperson*  
Robert Steeves, *Past Chairperson*  
Mary Ellen Hallett, *1st Vice Chairperson,*  
*Chairperson – Development Committee*  
Richard Floyd, *Treasurer & Secretary*  
Dr. Tom Loane, *Director at Large,*  
*Chairperson – Program Committee*  
Terry Gardiner, *Director at Large*  
Joan MacLeod, *Director at Large*

#### Directors

Louise Abraham-Pace  
Wayne Coveyduc, Richard Floyd  
Ann Janega, John O'Brien  
Ginny Phillips, Augustus Richardson  
Joseph Robichaud, Kevin J. Tomlinson  
Stephen Young

## AFNS Staff

### President & CEO

Thomas G. Merriam

### Development

Elizabeth Murphy, *Director of Development*  
Owen Caldwell, *Development Coordinator*  
Fallon Smith, *Development Coordinator*  
Stephanie Guglielmonne, *Development Coordinator*

### Finance & Administration

Rose Cole, *Manager*

### Community Outreach

Heather MacDonald, *Coordinator*

### Active Living

Pam MacLean, *Coordinator*

### Client Services

Faye Joudrey, *Coordinator*

### New Leaf Enterprises

Veronica Dale, *Manager*  
Irena Grundt, *Program Coordinator*  
Shonna Flemming, *Program Assistant*  
Carleton McDonald, *Job Developer*  
Andrea Gravelle, *Instructor*  
Sonja Hakka, *Instructor*  
Charles Harding, *Instructor*  
Bonnie Harrison, *Instructor*  
Irene Liddon, *Instructor*  
Ian Vanderberg, *Instructor*  
Mike Glaze, *Instructor*

# Chairperson's Message

In the 78 year history of our organization we have gone through many changes—changes in programs and services; changes in facilities; and name changes.

The single most consistent element of our identity has been our role as the Easter Seals organization for Nova Scotia. In recent years we have been known as both Easter Seals Nova Scotia and the Abilities Foundation of Nova Scotia, honouring the very positive identity and relationships associated with each name.

We recognize our brand is a collection of experiences and associations connected with our service. Our brand should define who we are and what we represent in a clear manner. Earlier this year, our board of directors agreed that it was time to review our brand position and determine if our current use of two brand names was the most effective and efficient way to define our brand.

After careful review by a board committee, it was recommended that we move to the single brand of Easter Seals Nova Scotia.

This decision was made based on four key reasons:

**Clarity**—it is important to avoid confusion for our donors and other supporters with regard to who we are and the clientele we serve.

**Efficiency**—it was determined that there are clear cost savings connected to marketing one brand as opposed to two.

**Opportunity**—the national brand of Easter Seals provides us with the opportunity to participate in added fund development revenue opportunities.

**Recognition**—the exceptional public recognition of the Easter Seals brand assists in the task of building support for program and fund development initiatives.



On May 4<sup>th</sup> this recommendation was presented to the board of directors and received their full approval. At that time a plan was presented to ensure a seamless and smooth transition. The transition begins with the introduction of the brand change and use of a transitional logo treatment in the annual report document at our annual general meeting in June.

The transition to the exclusive use of the Easter Seals Nova Scotia brand will take place over the next 15 months. We will be making every effort to communicate with all our key program supporters and users to inform them of this change and to assure them that this change will have no negative impact on our services to them.

On behalf of the entire Board of Directors, I would like to extend a heartfelt thank you to everyone involved with Easter Seals Nova Scotia. From the countless hours of volunteer time to the dedicated staff and the strong financial support of our donors and sponsors, this organization is truly a collaborative effort. Together, we are making a difference in our community and in the lives of people living with disabilities.

Thank you for your continuing support.

Barry Saunders  
*Chairperson*



Chairperson Barry Saunders is joined at the launch of **Dolphins on Parade** by Easter Seals Nova Scotia Ambassadors Nicole McDonald and Adam Denny.  
Photo: Joseph Robichaud



## *Dolphins on Parade*

*Officially launched in May of 2009, our latest public art project...in partnership with the Canadian Navy's 100th Anniversary...will be a tremendous benefit for all those we serve at Easter Seals Nova Scotia.*

L-R: Tom Merriam, President & CEO of Easter Seals; Renee Forrestall, Artist of Dolphin "Symbol of Courage"; Rear Admiral Paul Maddison, Commander of Maritime Forces Atlantic. Photo: Joseph Robichaud

## *President's Message*

Over 3000 children, youth and adults in Nova Scotia benefited from the programs of Easter Seals and the Abilities Foundation in the past year. Program expenditures to provide these services grew by almost \$500,000 in the year with total program costs of approximately \$2.5 million. This represents a significant expansion of services in spite of the difficult economic times we are experiencing.

Emphasis has been placed on expanding programs that enhance the health, mobility and independence of Nova Scotians with physical disabilities. Our clientele has welcomed programs offering opportunities for acquiring mobility equipment and providing active living and therapeutic recreational activities. For those with limited financial resources, a total of 174 children and adults received funding for the cost of wheelchairs that they required, while more than 116 applicants received assistive devices and recycled equipment to ensure their continued mobility and support for daily living.

Our "Take PART" active living programs expanded beyond the Halifax area this year to also include weekly activity sessions at Chester for the South Shore of Nova Scotia and sport camps were offered in the Amherst and Sydney areas. Take PART's "Kids Quest" adventure sport experiences this year included a ski trip to Mount Martock and paddling on Dartmouth's Lake Banook. The Camp Tidnish program has a long history of giving campers with disabilities a unique residential camping experience that becomes one of the most important outings in the year for both the campers and their families.

The personal development, learning and independence that the trainees in our New Leaf Enterprises skills training centre achieve is truly amazing. Their success is a testament to the potential of these individuals as well as the importance of the program. Tours of New Leaf's training facility have become a wonderful introduction for new supporters to witness firsthand why the work of Easter Seals Nova Scotia is so valuable and necessary.

The economic environment we are facing in Nova Scotia and the limitations that situation is placing on those individuals and organizations, which support our work, make this a particularly challenging time. As in the past, we are evaluating program needs and we remain innovative and thoughtful to assist us in continuing to grow and better serve the children and adults who depend on us to help them pursue their potential. We are optimistic about the future and excited about the opportunities ahead.

Thomas G. Merriam  
President & CEO



Tom Merriam with the Lieutenant Governor of Nova Scotia, Mayann Francis, during a tour of New Leaf Enterprises job skills training program.

INNOCENTIATION

# Active Living



## Take PART

*(Physically Accessible Recreation Today)*

Children and youth with physical disabilities, ages 8-17, are offered therapeutic recreation and sport opportunities through weekly recreation sessions.

## Weekly Recreation Sessions

A weekly 2-hour session introduces participants to a variety of adapted sports and leisure opportunities to motivate young people to be more active.

## Adapted Recreational Sports Camps

A summer camp experience in a safe and fully accessible environment which is designed so campers acquire a degree of independence and a sense of achievement.

## Kid's Quest

An adventure therapy program that offers children and youth the opportunity to experience exciting adventure therapy activities that they may have once thought to be impossible; activities such as winter skiing, water-skiing, horseback riding, and canoeing are a few of the adapted opportunities.

## Camp Tidnish

A fully accessible camping experience for Nova Scotians with a disability who are six years of age or older are eligible to apply to attend Camp Tidnish. The Camp environment is molded so that campers acquire further independence and higher levels of achievement.



Golfers enjoy the annual Easter Seals Nova Scotia **Golf Classic**



Easter Seals Ambassador Nicole McDonald and her good friend Kiersten Hiltz share a victory lap.

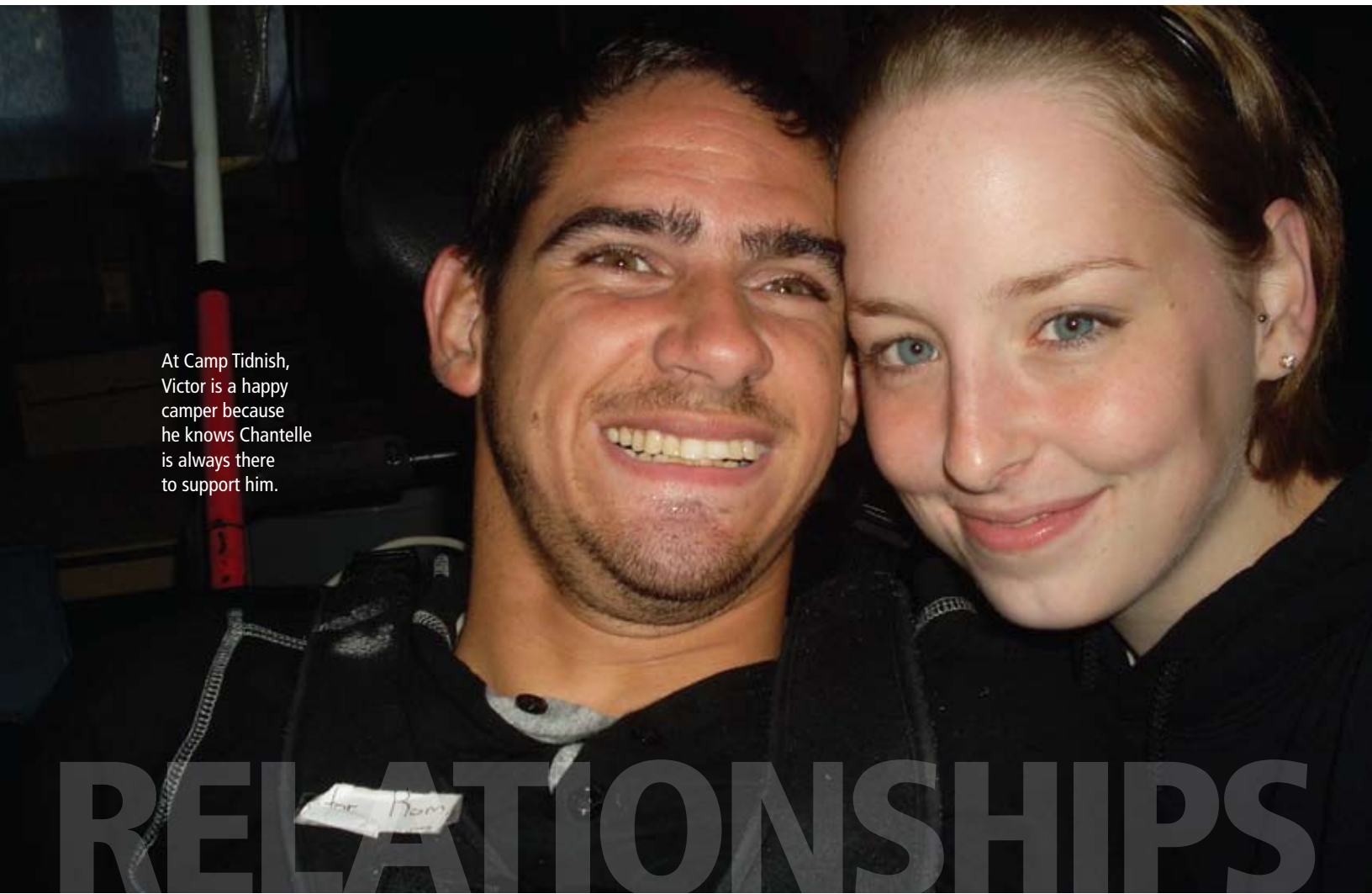


Kayla and Katie... two little mermaids in the Camp Tidnish swimming pool.

ACCESSIBLE CONFIDENCE



*Words cannot express the impact **Camp Tidnish** has had on our entire family. It has opened up our daughter's world and provided us with the hope that each summer she may go camping with her friends! Thank you so very much! Parents of a camper*



At Camp Tidnish, Victor is a happy camper because he knows Chantelle is always there to support him.

## Assistive Devices

### Assistive Devices and Donated Equipment

Assistance is available to Nova Scotians with a physical disability in obtaining necessary medical devices, including mobility aids, bathroom and bedroom safety aids, and other assistive devices.

### Wheelchair Recycling Program

In partnership with the Nova Scotia Department of Community Services, uninsured Nova Scotians 64 years and younger who meet the program criteria may obtain a wheelchair based on a medical prescription from a health care professional.



Wheelchair football challenge at the Easter Seals 24 Hour Relay

# TEAMWORK



Start of the Easter Seals 24 Hour Relay fun



Wheelchairs are an important component to an individual's mobility and independence.



*Today I begin to get back to my life. I never dreamed that a short trip from one end of our street to the other could be so exciting. I realize how much one can look forward to the 'little things in life.'*

*Elizabeth Houston, Wheelchair Recycling Program recipient*

# Family & Community Support



## New Leaf Enterprises

A comprehensive skills training workplace for adults with physical disabilities, the Centre provides opportunities for personal growth, independence and relationship building.

## Job Skills Training

Trainees acquire skills and knowledge through a task analysis approach, practical exercises, and hands-on experience through working in the Centre's business and food service areas. Trainees work on life, social and employment skills that develop more independence and lead to community employment and activities.



Mike Crosby was the top fundraiser for this year's **Drop Zone** event held in September.

## Catering Services and Cafés

Catering offers a wide selection of entrees and home-baked goods for luncheons, meetings, and other events. Three New Leaf Cafés are located in Halifax at O'Regan's Lexus Toyota, O'Regan's Nissan Infiniti, and the Nova Scotia Rehabilitation Centre, each providing valuable experience and training.

## Business Services

A variety of business services are offered to customers, including photocopying, folding, inserting, attaching labels, mail metering and postal code sorting. Small volumes and customized contracts are our specialty.

## Community Outreach

Community Outreach works with our diverse communities province-wide to provide awareness, information, advocacy and services available to Nova Scotians with physical disabilities of all ages.

## Disability Travel Card

Travel card applications are available for reduced fare with participating motor coach companies and VIA Rail lines.

## Access 2 Entertainment Card

Entertainment Cards for reduced cost for the person accompanying a person with a disability to movie theatres are now available.

## Client Services

### Information Services

For many Nova Scotians and their families dealing with disability concerns, we are the first point of contact generally to address the needs of the individuals, providing information in the areas of education, housing, health care, recreation, transportation, assistive devices, employment and funding resources.

## Polio Nova Scotia

Polio survivors network under the sponsorship of the Abilities Foundation to provide the information to consumers and health care professionals on the late effects of Polio.



Michelle Wilson accepts the challenge of learning all aspects of commercial food preparation in the New Leaf Food Service program.



*New Leaf is fun and friendly. I like to work here. I feel safe here. If there was no New Leaf, I'll be sad.*  
Sibel Toprak, New Leaf trainee

## Treasurer's Report

The consolidated revenues of the Abilities Foundation for the 2008/2009 fiscal year were \$2,581,859, an increase of \$181,417 over the previous year. Expenditures increased \$299,772 from the prior year to \$2,721,340. The increase in revenues, as compared to the increased expenses, resulted in an operating deficit for the year of \$139,481.

Development revenues totaled \$521,390, including special event revenues of \$344,206. This was \$199,349 below the amount that had been budgeted for due to reduced participation in the 24 Hour Relay and the Drop Zone as well as the Major Gifts campaign not being initiated as planned. The Easter Seals spring mail campaign, the Abilities Foundation Annual Appeal, the Mother's Day mail campaign and the Campership direct mail campaign achieved increased revenues of \$3,178 over the prior year, for total mail campaign revenues of \$170,402.

Total fundraising expenditures for the Foundation decreased by \$179,424 over the prior year to \$182,642. This decrease was largely as a result of the every-second-year Public Art Project not being produced in this fiscal year.

The year saw growth and increased program expenditures in all of the Foundation's program areas. This included growth of more than 10% in funding for the Assistive Devices program; increased funding of 53% over the prior year for wheelchairs provided through Nova Scotia Government Wheelchair Recycling Demonstration projects; support for the information and support services of the Community and Client Relations Program increased 5%; plus a 3% increase for the Take PART active living programs and the Camp Tidnish recreational camping program.

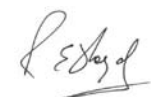
Camp Tidnish program revenues decreased \$12,607 to \$153,351. Expenses decreased \$6,057 for total expenses of \$201,290.

Decreased revenues and expenses for the Camp Tidnish program were in part the result of an early camp closure due to health precautions.

Program revenues for the New Leaf Enterprises skills training centre increased \$43,954 over the prior year to \$752,125. Expenditures for the program increased \$62,183 over the prior year allowing for additional staffing. This performance enabled New Leaf to complete their year with a better-than-budgeted deficit funded by the Foundation of \$31,514.

Abilities Foundation expenditures for administration decreased \$17,359 from the prior year for a total cost of \$83,284.

RBC Dominion Securities Inc. continues to manage the Reserve Fund, assisting with maintaining sufficient reserves to ensure the long-term stability of the programs offered by the Abilities Foundation of Nova Scotia.



R.E. (Rick) Floyd  
Treasurer

## Audited Financial Statements

PriceWaterhouseCoopers have audited the consolidated General Fund and Reserve Fund financial position at March 31, 2009, and the consolidated statements of Revenue and Expenditures and cash flows for the year then ended.

The Consolidated Statement of Financial Position and Consolidated Statement of Revenue and Expenditures from the audited financial reports provided by PriceWaterhouseCoopers are included in this annual report. Complete copies of the audited financial statements with the auditors' report and notes are available by contacting the Foundation office.



Paper Eggs sale at the Lawtons, Dunbrack location.

## Consolidated Statement of Financial Position

As at March 31, 2009	General Fund	Reserve Fund	2009 Total	2008 Total
<b>Assets</b>				
<b>Current assets</b>				
Cash	\$ (8,349)	\$ 858	\$ (7,491)	\$ 17,200
Accounts receivable	59,857	2,573	62,430	111,545
Due from the General Fund	5,828	—	5,828	4,423
Inventory	10,453	—	10,453	9,990
Prepaid expenses and deferred charges	77,625	—	77,625	12,396
	145,414	3,431	148,845	155,554
<b>Portfolio investments</b>				
available for sale, at market value	—	100,203	100,203	138,985
<b>Portfolio investments</b>				
held to maturity, at amortized cost	5,000	356,583	361,583	366,697
<b>Marketable securities—Wheelchair project</b>				
at cost (market value \$6,707; 2008—\$331,513)	6,707	—	6,707	331,513
<b>Property, plant and equipment</b>	63,773	—	63,773	77,747
	\$ 220,894	\$ 460,217	\$ 681,111	\$ 1,070,496
<b>Liabilities and Fund Balance</b>				
<b>Current liabilities</b>				
Bank indebtedness	\$ 132,067	\$ —	\$ 132,067	\$ 59,920
Accounts payables and accrued liabilities	219,715	—	219,715	181,583
Due to the Reserve Fund	—	5,828	5,828	4,423
Deferred revenue	104,368	—	104,368	79,787
Current portion of long-term debt	7,901	—	7,901	7,311
	464,051	5,828	469,879	333,024
<b>Deferred contributions related to property, plant and equipment</b>				
	31,975	—	31,975	38,701
<b>Camp Tidnish Fund</b>				
	7,201	—	7,201	1,241
<b>Elizabeth &amp; Forest Fyfe Award Fund</b>				
	5,141	—	5,141	5,168
<b>Wheelchair Recycling Demonstration Project Fund</b>				
	6,707	—	6,707	331,513
<b>Long-term debt</b>				
	15,394	—	15,394	23,295
	530,469	5,828	536,297	732,942
<b>Net Assets</b>				
<b>Net Assets</b>				
Investment in property, plant and equipment	8,503	—	8,503	8,440
Unrestricted – General Fund	(318,078)	—	(318,078)	(174,679)
Internally restricted – Reserve Fund	—	454,389	454,389	503,793
	(309,575)	454,389	144,814	337,554
	\$ 220,894	\$ 460,217	\$ 681,111	\$ 1,070,496

# Consolidated Statement of Revenue & Expenditures

For the year ended March 31, 2009	General Fund	Reserve Fund	2009 Total	2008 Total
<b>Revenue</b>				
Special events	\$ 344,206	\$ —	\$ 344,206	\$ 600,705
Campaigns	170,402	—	170,402	167,224
Planned Giving	6,782	—	6,782	33,898
Camp Tidnish	153,351	—	153,351	165,958
Development	4,367	—	4,367	—
Take PART	30,959	—	30,959	—
New Leaf Enterprises	752,125	—	752,125	708,171
Community Client Services and Polio Support	2,430	—	2,430	2,225
Children & Adult Wheelchair	1,066,558	—	1,066,558	695,340
Investment income	235	23,769	24,004	16,747
Other income	26,360	—	26,360	6,356
Amortization of deferred contributions	315	—	315	3,818
	2,558,090	23,769	2,581,859	2,400,442
<b>Expenses</b>				
Administration	81,369	1,915	83,284	100,643
Programs				
Assistive Devices	34,344	—	34,344	31,651
Camp Tidnish	201,290	—	201,290	207,347
Community Client Services and Polio Support	40,867	—	40,867	39,164
Children & Adult Wheelchair	1,066,558	—	1,066,558	695,340
Take PART	74,503	—	74,503	—
New Leaf Enterprises	783,639	—	783,639	721,456
Fund-raising (Easter Seals 24 Hour Relay, Easter Seals, Easter Seals Drop Zone, Charity Auction and Golf Tournament)	182,642	—	182,642	362,066
Development	251,820	—	251,820	253,249
Amortization	2,393	—	2,393	10,652
	2,719,425	1,915	2,721,340	2,421,568
<b>Excess of revenue over expenditures (expenditures over revenue) for the year</b>	\$ (161,335)	\$ 21,854	\$ (139,481)	\$ (21,126)

**Drop Zone** Superhero Miro Davis rappelling in costume.



## Our Generous Supporters

It is through the generous support of our many donors that Easter Seals Nova Scotia is able to assist children and adults with physical disabilities across the province. **Thank you... Thank you... Thank you!!!**

**Easter Seals Nova Scotia gratefully acknowledges the following bequests:**  
Estate of F.C. Manning  
Estate of Emma Duncan  
Estate of Mary K. Lawlor

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[www.easterseals.ns.ca](http://www.easterseals.ns.ca)

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