

New Leaf Enterprises Catering Menu

22 Fielding Avenue, Dartmouth, Nova Scotia B₃B ₁E₂ <u>www.easterseals.ns.ca</u>

To request a quote, place an order or ask questions, please contact Gretchen Snow

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Follow us on social media:

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Baked Goods

Cookies - Chocolate chip, oatmeal chocolate, macaroon, oatmeal raisin, gingersnap	and
our very own "Monster Cookie" (a mix of our baked goods made into cookies)	\$1.25
Date Squares & Brownies	\$2.50
Slices of Banana Bread & Lemon Loaf	\$2.50
Cinnamon Buns	\$2.50
Muffins – Blueberry, lemon poppyseed, cranberry lemon, chocolate chip, oatmeal	.\$2.50
Rotating Specialty bakes – apple squares, cherry almond loaf, oatcakes & more	\$2.50
Cinnamon Buns with cream cheese icing	\$3
Carrot Cake Square	\$3
Assorted Gluten Friendly baked goods	\$4

Breakfast Sandwiches

Breakfast Sandwiches on an English muffin or homemade biscuit

Bacon \$5 Veggie \$5 House made pork sausage \$6

Breakfast Sandwiches on house made focaccia bread

Bacon \$6 Veggie \$6 House made pork sausage \$7

**Add extra toppings: bacon \$1, tomato & lettuce or sausage \$2

Breakfast sandwiches have butter or mayo, cheddar cheese & a fried egg

Snack items

Fruit Salad Cups (minimum of 4 required to order)	\$4.95
Fruit & Yogurt Parfait (minimum of 4 required to order)	
** Add house made granola to a parfait \$2	
Individual Yogurt (minimum of 4 required to order)	\$2
Seasonal Fresh Fruit	\$1.50
Individual Veggie & Ranch Dip Cups	\$4.95
Seasonal Veggies & Hummus Plates	
Pepperoni Plates – Brothers pepperoni, cheese portion, crackers & h	noney mustard\$6.25

Sandwiches & Wraps

Regular Sandwiches\$6 Gluten Free Regular Sandwiches\$6.50 Wraps\$7		
**All regular sandwiches & wraps can be made with the following traditional fillings – ham & cheese, deli turkey, salami and roast beef, egg, tuna and chicken salad, roast chicken, and veggie – Add chicken Caesar to the wrap selection		
Gourmet Sandwiches\$8.25 Gourmet Wraps\$9		
**Gourmet sandwiches are made on homemade bread (soft rolls, focaccia, and ciabatta) and can be made with the following fillings- curried chicken salad, chicken, bacon & ranch, vegetarian with house made hummus, pesto chicken, BLT, cold cut and roast beef with horseradish aioli		
Soups		
Soup		
Chili\$8		
Chili		
Chowder		

Hot Lunches

- o Lasagna (meat or vegetable) & garlic bread
- O Baked chicken breast, rice & seasonal roasted vegetables
- Sweet & Sour Meatballs, rice & seasonal roasted vegetables
- O Stir-Fry (chicken or vegetable) with rice
- O Butter Chicken served with rice & naan bread

Individual portions, a minimum of 4 hot lunches per type, required to order\$15 each

Food for a Crowd

Veggie Tray	\$60
Fruit Tray	
Cheese & Cracker Tray	
Cold Cut Deli Tray	
All trays are created to serve approx. 25-30 people	_
Salad Bowl (Garden, Caesar, Greek or Spinach – feeds 8 to 10 people) **Add roast chicken to your Salad Bowl \$12	\$55
Full Carrot Cake (12.5 x 17.5")	\$60

Sandwich Trays, Sweet Trays and Soup Pots

- o All built to the size of your requirements- prices will vary call for details
- $\circ\hspace{0.1in}$ Sandwiches can be individually wrapped or served on trays

Beverages

Bottled Water	\$2
Canned Pop & Juice	\$2.25
Bottled Pop & Juice	\$2.50
Coffee & Tea	\$2
Coffee and Tea \$15.00 – 1 pot - serves 10 (8 oz serving)	
Coffee and Tea \$20.00 – 1 air pot - serves 15 (8 oz serving)	
Gatorade	\$2.50
Rockstar Energy Drink	\$3.50
Iones Soda	\$2.50