

NEW LEAF CATERING

A PROGRAM OF EASTER SEALS NOVA SCOTIA

MINIMUM OF 48 HOURS NOTICE REQUIRED

SANDWICHES & WRAPS

assorted sandwiches & wraps are served on trays

see other side for sandwich & wrap filling options

BREAKFAST SANDWICH \$ 6.25

bacon & cheese or veggie & cheese

BREAKFAST SANDWICH ON FOCACCIA \$ 7.50

bacon & cheese or veggie & cheese

SANDWICH \$ 6.50

GLUTEN FREE SANDWICH \$ 7.50

GOURMET SANDWICH ON FOCACCIA \$ 8.50

GLUTEN FREE GOURMET SANDWICH \$ 9.50

WRAP \$ 7.50

GOURMET WRAP \$ 9.50

HOT LUNCHES

minimum order of 4 per type required

*contact us to inquire which hot lunch options can be made
vegetarian, vegan, gluten free and/or dairy free*

SOUP & BISCUIT \$ 7.00

selection varies depending on availability

CHILI & BISCUIT \$ 10.00

beef or vegetarian

SWEET & SOUR MEATBALLS \$ 16.00

served with rice

BUTTER CHICKEN & NAAN BREAD \$ 16.00

served with rice

ROASTED CHICKEN & VEGETABLES \$ 16.00

served with rice

STIR FRY WITH RICE \$ 16.00

chicken or vegetarian

LASAGNA & GARLIC BREAD \$ 16.00

beef or vegetarian

SALADS

add chicken to any salad for an additional charge

SIDE SALAD \$ 6.00

spinach - greek - caesar - garden

LUNCH SALAD \$ 8.00

spinach - greek - caesar - garden

SALAD BOWL (8-10 people) \$ 60.00

spinach - greek - caesar - garden

TRAYS

Fruit Tray \$ 70.00

serves 25-30 people & includes yogurt dip

Vegetable Tray \$ 70.00

serves 25-30 people & includes ranch dip

Cheese & Cracker Tray \$ 85.00

serves 10-15 people

Deli Meat Tray \$ 85.00

serves 10-15 people

SWEETS

sweets are individually wrapped & served on trays

SWEETS \$ 2.50

*assortment of cinnamon buns, squares & cookies
served on trays.*

BREAKFAST SWEETS \$ 2.50

*assortment of cinnamon buns, muffins & loaf
slices served on trays.*

GLUTEN FREE SWEETS \$ 4.00

assortment will vary depending on availability.

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BEVERAGES

BOTTLED WATER \$ 2.25

BOTTLED PEPSI PRODUCTS \$ 2.75

assorted

BOTTLED DOLE JUICE \$ 2.75

assorted

COFFEE OR TEA \$ 25.00

serves 10-15 people, comes with supplies

ADD-ON ITEMS

packaged in individual portions

PEPPERONI PLATE \$ 6.50

VEGGIES & DIP \$ 6.50

FRUIT SALAD \$ 6.50

SEASONAL FRESH FRUIT \$ 2.00

INDIVIDUAL YOGURT \$ 2.00

YOGURT & BERRIES \$ 5.50

YOGURT, BERRIES & GRANOLA \$ 6.25

FILLINGS

REGULAR SANDWICH OR WRAP

ham & cheese, turkey, salami, deli meats, roast beef, tuna, egg, chicken salad, veggie

GOURMET SANDWICH OR WRAP

curry chicken, pesto chicken, BLT, deluxe deli, chicken cranberry brie, veggie and hummus, roast beef with horseradish aioli.

NEW LEAF CAFE & CATERING IS A PART OF NEW LEAF ENTERPRISES; ONE OF THE FOUR PILLAR PROGRAMS OF EASTER SEALS NOVA SCOTIA.

WE OFFER SOME ALTERNATIVE ITEMS TO ACCOMMODATE MOST DIETARY RESTRICTIONS & SENSITIVITIES - VEGAN, VEGETARIAN, DAIRY-FREE & GLUTEN-FREE. PLEASE DISCUSS REQUIREMENTS AT THE TIME OF ORDERING.

PLEASE BE AWARE OF THE FOLLOWING POTENTIAL ALLERGENS THAT ARE HANDLED WITHIN OUR FACILITY: DAIRY, EGG, WHEAT, SOYBEAN, CHICKPEA, PEANUT, TREE NUTS, NUTS, MUSTARD, FISH & SHELLFISH.

PAPER PLATES, NAPKINS, DISPOSABLE CUTLERY ARE ALL AVAILABLE UPON REQUEST.

48 HOURS NOTICE IS REQUIRED

24 HOUR CANCELLATION POLICY

PRICES ARE SUBJECT TO CHANGE WITHOUT NOTICE.

PROMOTIONAL PICTURES & PRODUCTS MAY VARY DUE TO PRODUCT AVAILABILITY & SUPPLY.

CONTACT US

GRETCHEN SNOW

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